

LAUGHTER FOR THE SOUL

An Anthology of Wholesome Humor



PAPPA JOSEPH

LAUGHTER FOR THE SOUL

An Anthology of Wholesome Humor

A SERIALIZED BOOK BY PAPPAS JOSEPH

LAUGHTER FOR THE SOUL *An Anthology of Wholesome Humor*

First Published 2014

Also by Pappa Joseph

Now or Never *Parenting Without Remorse*

Idiotic English and Idiomatic English

The Professional's Guide to Using English Correctly, Intelligently and Influentially

Published by

CommUnion FZE LLE
United Arab Emirates

Copyright Information: The contents in this book are reprinted from various sources. No copyright restrictions were found for any of them.

Cover Photo Courtesy: [lovestruck](#) - flickr.com

PREFACE

When the Creator was nearly done with his work of bringing into existence everything that exists today, he surveyed all his accomplishments in the previous six days, and said, 'Good!'. Then he decided to cap his final creation, man, with one last ingredient in his constitution, and he imbued him with a very special gift chipped in from the Maker's own unique nature: a sense of humor. And then God rested from all his work and exclaimed, 'Very Good!'.

God could have created the world without a hint of humor in any of his works. Just as he could have created a fully functional universe without one or two of the seven rainbow tints, or without one or two species of dogs or cats, on any sphere of the cosmos. It could have been possible for mankind to live happily and successfully forever without this final component ingrained in him. But the world would not have been 'very' good.

Humor is not a cardinal element for living, but it is the surest spice to liven up the waking moments. And for some, like Gandhi, it is even an absolute factor for their sanity and survival.

"If I had no sense of humor, I would long ago have committed suicide," said one of the greatest souls in history.

As for me, I would rather subsist all my life on an unthinkable diet of saltless meat and sweetless fruits, on rockless music and fragrantless flowers than live without a sense of humor to permeate all my pains and pleasures on earth.

May this anthology of humor contribute in some small measure to spicing up every facet of your living experience.

Pappa Joseph

LAUGHTER FOR THE SOUL

An Anthology of Wholesome Humor

The Ugliest Baby

A woman got on a bus holding a baby. The bus driver said, 'That's the ugliest baby I've ever seen!' Shocked and hurt, the woman put her bus fare down angrily on the fare box and took a seat at the back of the bus. The man seated next to her sensed that she was irritated and asked her what was wrong.

'The bus driver insulted me', she said.

The man sympathized and said, 'Why, he's a public servant and shouldn't say things to insult passengers'.

'You're right', she said. 'I think I'll go back there and give him a piece of my mind.'

'That's a good idea', the man said. 'Here, let me hold your monkey.'

Guilty and Depressed

A tired looking middle-aged woman visited her psychiatrist.

'Doctor, you must help me', she pleaded. 'Every time I feel depressed and my husband comes to me and says something irritating I just cannot control my anger - I take the chapatti roller and hit him on the head. And then afterward, I feel guilty and depressed for a week for hitting him.'

'I see', nodded the psychiatrist. 'So you want me to treat you so you can control your anger whenever you are depressed?'

'Oh, NO!' exclaimed the woman. 'I want you to treat me so I won't feel guilty and depressed afterward.'

Say Something Nice

A husband and wife are getting ready for bed. The wife is standing in front of a full-length mirror taking a hard look at herself.

'You know, dear', she says in a dejected tone, 'I look in the mirror, and I see an old woman. My face is all wrinkled, my hair is grey, my shoulders are hunched over, I've got fat legs, and my arms are all flabby. Everything about me is wrong'.

She turns to her husband and says, 'Tell me something positive to make me feel better about myself'.

He takes a moment to think about it and then says in a soft, sweet voice, 'Well, honey, there's nothing wrong with your eyesight'.

New Age Discipline

A frustrated father complained to me once: 'When I was a youngster I was disciplined by being sent to my room and made to remain there for hours. But our son has his own color TV, iPhone, DVD player and computer in his room. He would love to be kept there for any length of time.'

'So what do you do when he misbehaves?' I asked him.

'I send him to OUR room.'

Lift Miracle

A family from the countryside was visiting the city and was in a mall for the first time in their life. The father and son were strolling around while the wife shopped. They were amazed at almost everything they saw, but especially by two shiny, silver walls that could move apart and then slide back together again.

The boy asked, 'Dad, what's that?'

The father replied, 'Son, I don't know. I have never seen anything like that in my entire life'.

While the boy and his father were watching with amazement, a fat old lady walked up to the lift and pressed a button. The walls opened up and the fat lady walked between them into a small room. The walls closed and the boy and his father watched the small circular numbers above the walls light up one by one. They continued to watch until the last number lit up. In a few moments the numbers began to light up in reverse order. Then the walls opened up and a gorgeous young woman stepped out.

The father, not taking his eyes off the young woman, said excitedly to his son, 'Son, go get your Momma quickly!'

A Serious Disease

A woman accompanied her husband to the doctor's office. After his check up, the doctor called his wife into his office alone, and said: 'Your husband is suffering from a very serious disease, combined with horrible stress. If you don't do the following, your husband has only six months more to live. Each morning, fix him a healthy breakfast. Be pleasant and make sure he is in a good mood. For lunch, fix him some delicious food. For dinner, prepare an especially nice meal for him. Don't burden him with chores. Don't discuss your stress with him; that would likely make him feel worse. And most importantly, you must be affectionate to him every day of the week. If you will do this for at least a year, I believe your husband will regain his health completely and live a long life.'

On the way home, the husband asked his wife, 'What did the doctor say to you?'

She started crying and replied: 'You've only six months more to live.'

Some Baby Facts

What is the most common craving or desire among women who are pregnant?

For men to be the ones who get pregnant.

What is the most reliable method to determine a baby's sex?

Childbirth.

What is the best time to stop breastfeeding your baby?

When you see teeth marks.

Our baby was born last week. When will my wife begin to feel and act normal again?

When the kids are in college.

Still Safe To Do It?

Brenda, pregnant with her first child, was paying a visit to her obstetrician's office. When the exam was over, she shyly began, 'My husband wants me to ask you if it's still okay...'

'I know, I know', the doctor said, placing a reassuring hand on her shoulder, 'I get asked that all the time. Sex is fine until late in the pregnancy.'

'No, that's not it at all', Brenda said. 'He wants to know if he can still ask me to wash his car.'

New Family Member

When our second child was on the way, my wife and I attended a pre-birth class aimed at couples who had already had at least one child. The instructor raised the issue of breaking the news to the older child. It went like this:

'Some parents', she said, 'tell the older child, "We love you so much we decided to bring another child into this family". But think about that, ladies, what if your husband came home one day and said, "Honey, I love you so much I decided to bring home another wife".'

One of the women spoke up immediately. 'Does she cook?'

Birth Control Pills

An elderly woman went into the doctor's office. When the doctor asked why she was there, she replied, 'I'd like to have some birth control pills'.

Taken aback, the doctor thought for a minute and then said, 'Excuse me, Mrs Smith, but you're 75 years old. What possible use could you have for birth control pills?'

The woman responded, 'They help me sleep better'.

The doctor paused, and then continued, 'How in the world do birth control pills help you to sleep?'

The woman said, 'I put them in my newly born granddaughter's milk and I sleep better at night'.

How Was I Born?

A little boy was asked by his teacher to write a report on childbirth. The boy asked his mother, 'How was I born?'

'Well, honey...' said the mother, feeling a little awkward, 'the stork brought you to us'.

'Oh', said the boy, 'and how did you and daddy get born?'

'Oh, the stork brought us too.'

'Well, were grandpa and grandma also born this way?' the boy asked

'Yes, darling, the stork brought them too', said the mother, by now starting to feel a little uneasy and hoping her little son wouldnt ask more questions.

Several days later, the boy handed in his paper to the teacher. The opening sentence read: 'This report has been very difficult to write because there hasnt been a natural childbirth in my family for three generations.'

How Much Does It Hurt?

A couple is about to have their second child. The anxious husband asks his wife, 'Honey, I am worried about the labor pain you are going to suffer again. Is it true that it is very painful? Can you give me some idea of how painful it is?'

The wife replies: 'Grab your upper lip and pull it out a little.'

'Like this?' asks the husband.

'A little more.'

'Like this?'

'No. A little more', replied the wife.

'Like this?'

'Yes. Does that hurt?' asked the wife.

'Yes, it does now', replied the husband.

'Now stretch it over your head!' said the wife.

Old MacDonald's Farm

Two college basketball players, Tom and Tim - both not academically brilliant - were taking an important exam. If they failed, they wouldn't be allowed to play in the big game the following week. The exam consisted of fill-in-the-blank questions:

The last question read, 'Old MacDonald had a.....'

Tom was stumped. He had no idea what to answer.

Making sure the professor wasn't watching, he tapped Tim on the shoulder. 'Pssst, Tim. What's the answer to the last question?'

Tim laughed. 'Tom, you're so stupid. Everyone knows Old MacDonald had a FARM.'

'Oh yeah', said Tom. 'I remember that song now.'

Tom started to write the answer in the blank. He stopped. Tapping Tim's shoulder again, he whispered, 'Tim, how do you spell FARM?'

Tim says, 'You are really dumb, Tom. That's so easy. Farm is spelled E-I-E-I-O.'

Bagpipers

Why do bagpipe players walk while they play?

To get away from the noise.

Country and Western Singers

How many country and western singers does it take to change a light bulb?

Three.

One to change the bulb and two to sing about the old one.

Learning the Violin

How do you tell the difference between someone learning to play the violin and a dog?

The dog knows when to stop scratching.

Mystery Illness

A guy walks into the doctor's office and says, 'Doc, I keep going to the toilet but I haven't had a bowel movement in a week!' The doctor gives him a prescription for a mild laxative and tells him, 'If it doesn't work, let me know'.

A week later the guy is back: 'Doc, still no movement!'

The doctor says, 'Hmm, guess you need something stronger', and prescribes a powerful laxative.

Still another week later the poor guy is back: 'Doc, STILL nothing!'

The doctor, worried, says, 'We'd better get some more information about you to try to figure out what's going on. What do you do for a living?'

'I'm a musician.'

The doctor looks up and says, 'Well, that's it! Here's ten dollars. Go get something to eat!'

Absent-Minded Professor

An absentminded professor was on board a train and he was unable to find his ticket.

The conductor said, 'Take it easy. You'll find it'.

When the conductor returned, the professor still couldnt find the ticket.

The conductor said, 'I'm sure you bought a ticket. Forget about it'.

'You're very kind', the professor said, 'but I must find it, otherwise I wont know where to get off'.

Elvis

Pharmacist to customer: There aren't really serious side effects - just an occasional Elvis sighting.

Blond Man

[The term 'blond' in the jokes below does *not* refer to a male with blond hair. Just as 'dark' can refer to skin complexion as well as to absence of light, 'blond' here means a man not endowed with wisdom.]

A blond man goes to the vet with his goldfish. 'I think it's got epilepsy', he tells the vet. The vet takes a look and says, 'It seems calm enough to me'. The blonde man says, 'Wait, I haven't taken it out of the bowl yet'.

A blond man spies a letter lying on his doormat. It says on the envelope 'DO NOT BEND'. He spends the next two hours trying to figure out how to pick it up.

A blond man shouts frantically into the phone, 'My wife is pregnant and her contractions are only two minutes apart!'

'Is this her first child?' asks the Doctor. "

'No!' he shouts. 'This is her husband!'

A blond man was driving home, drunk as a skunk. Suddenly he has to swerve to avoid a tree, then another, then another. A cop car pulls him over, so he tells the cop about all the trees in the road. The cop says, 'That's your air freshener swinging about!'

An Italian tourist asks a blonde boatman: 'Why do Scuba divers always fall backwards off their boats?'

To which the boatman replies: 'If they fell forward, they'd still be in the boat.'

New Wine for Seniors

A single glass at night could mean a peaceful, uninterrupted night's sleep.

Clare Valley Vintners in South Australia, which primarily produce Pinot Blanc, Pinot Noir, Pinot Grigio wines, have developed a new hybrid grape

LAUGHTER FOR THE SOUL

that acts as an anti-diuretic. It is expected to reduce the number of trips older people have to make to the bathroom during the night.

The new wine will be marketed as Pinot Mor.

[MORE HUMOR WAITING TO BE UPLOADED]